

DAY 6

“Be very careful, then, how you live—not as unwise but as wise,”

Ephesians 5:15 NIV

Do you have younger siblings, cousins or friends? If you do, chances are you have had a family member say something like, “Remember how many little eyes are looking up to you!” This is a reminder that the example we set with our behavior is far more impactful than the words we say. That’s why Paul tells the Ephesians to be careful how you live—not just how you speak.

Think about the decisions you are making in your day to day life. Are you showing an example of wisdom? Ask God to reveal to you where you can live more wisely this week, starting today.

DAY 7

Memory Verse: The thief’s purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life. John 10:10 NLT

It’s important to understand what God wants for our lives and that He is for us, on our side. This will reveal His heart for each of His children to us.

Ways to help you memorize this verse:

- 1. Grab a friend and text the verse to each other in the morning. Then, quiz each other throughout the day!**
- 2. Make a fun phone background of the verse and work on memorizing it every time you open your phone.**

DAILY DEVOTIONAL

FOR AN
everyday faith.

THE ONE / WEEK 2

HIGH SCHOOL

DAY 1

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. 2 Timothy 1:7 NIV

What would you do if fear wasn’t a factor? Remember, wisdom protects us, but fear keeps us from trying new things like stepping out of our comfort zones, and making new friends. Fear can be a huge roadblock to living the life God desires for us. That’s why the apostle Paul’s words to Timothy can be for us too. God didn’t create us to be controlled by fear. God made us to live out of power, love, and self-discipline. We can still feel afraid, but knowing God’s Spirit is in us can empower us to step out of our comfort zone and live fully.

This week, ask God to help you remember these specific things when fear threatens to weigh you down.

DAY 2

The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. 1 Corinthians 10:13 NLT

Have you ever done an escape room? You’re locked in a room with people and you have to figure out puzzles and riddles in order to get out. It can be overwhelming because part of you feels like you can’t get out of this room and you never will. But in every room there’s a button you can press if you need to leave the room for any reason. You’re able to escape, just by pushing a button. Sometimes temptation feels like that—like you are trapped and it’s impossible to get out. But, God promises us that there is always a way out.

All you have to do is “press the button” or draw near to God and God will provide a way out.

DAY 3

He renews my strength. He guides me along right paths, bringing honor to his name. Psalm 23:3 NLT

Have you ever tried to charge something—a computer, phone or a tablet—only to discover, that something is wrong with the cord, the plug, or the device itself, and the thing that needs charging, won't charge. It's maddening. When something starts to get run down, it needs something to renew its power. David, the writer of this psalm, tells us that God is like the charger we need when we get run down. God is our source of strength. God renews us. When you are feeling overwhelmed, stuck in your decisions, or discouraged remember the source of your strength.

This week, if you feel run down, ask God to renew your strength and give you rest.

DAY 4

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

James 1:5 NIV

Do you have a friend who you know would do anything for you? If you need a ride, they are there. When you need a pen, they always have an extra one. When you need to vent, they have the best listening ear. Finding a good friend who is non-judgmental and always there for you is like finding gold. Just like a good friend, God is always there for you and also willing to give you wisdom time after time. Without judgment or shame, God shows up in your life and equips you with wisdom as you walk through life.

This week, if you need wisdom or don't know what to do, remember you can ask God without fear of judgement.

DAY 5

You have done many good things for me, Lord, just as you promised. I believe in your commands; now teach me good judgment and knowledge. Psalm 119:65-66 NLT

*Written by Gracyn, age 15
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What comes to mind when you think of wisdom? For me, so many times when I think of being wise or having wisdom, I think of this character on a tall chair with a long beard with power saying, "This is what's wise." When that comes to mind wisdom seems like such an abstract or confusing thing for me. I think that I could never have the type of wisdom, because I am not at that level.

But the reality is that God wants to give us wisdom right where we are. God wants us to be wise and we can ask for and seek wisdom as we read the Bible and pursue God. The amazing thing is that God wants a relationship with us, and we can grow in wisdom as we seek all God wants to show us, and ask for good judgement and knowledge. God is the ultimate source of wisdom.

Today if you are facing a difficult decision or need wisdom, ask God and trust that God will show you the way.