

DAY 3

For the things we see now will soon be gone, but the things we cannot see will last forever. 2 Corinthians 4:18b NLT

You've likely heard the phrase, "Seeing is believing." And when all we SEE are the constant changes happening in our lives, it's easy to BELIEVE that's the way things are always going to be. We'll always be on a roller coaster of change at home, at school, in relationships, and on the sports team. By contrast though, the Bible tells us that what we see is fleeting. In fact, God urges us to build our lives around—and focus on—what we CANNOT see: God and God's goodness.

This week, when you go through something difficult, remember that your current season of life is temporary, but God and His love and goodness toward you are permanent.

DAY 4

Your fame will endure to every generation. Psalm 102:12b NLT

Have you ever heard someone older say, "When I was your age," in reference to how much has changed since they were younger—from cars to TVs to phones. And while times certainly have changed through the generations and will continue to change, this verse reminds us God's name and His fame have not, and will not, change.

This week, talk to your Small Group Leader about how the world around them has changed since they were your age. Then, ask them to tell you about how God has NOT changed in that time, too.

DAY 5

God is not a man, so he does not lie. He is not human, so he does not change His mind. Numbers 23:19a NLT

Has a friend ever lied to you? If so, that probably ranks up there as one of the more hurtful or upsetting moments you've experienced. When someone lies to you, much of what you thought about that person usually changes in an instant. Although we can't always trust in the character of the people around us, today's verse reminds us we can always trust in God's unchanging ways. God never lies to us, tricks us, or changes His mind.

The next time you're tempted to bend the truth or change your mind about something, look to God's unchanging character as an example for how you should live. You'll be glad you did!

DAY 6

When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. Isaiah 43:2 NLT

Written by Rachel B., age 15 from Algonquin, Illinois, USA

This past week at my youth group, we talked about the characteristics of God. My pastor asked us to look at a list of traits we had come up with together the week before and find the word that sticks out to us the most. Mine was gentle. I remembered the times in lockdown when the world felt so out of place, and I was just trying to stay on my feet while everything around me was crumbling. I remembered the first time I sensed God's voice, tenderly in the night when my worries took over, telling me that everything's alright. His voice gently brings us into His peace and restores, or calms, our hearts. He pulls us all up out of the waters when we are scared of what lies beneath them. We see Him working to turn ashes, and difficult circumstances, into beauty.

We can remember that even when the water is too deep, the embers are too bright to see the future, and change feels overwhelming, God never changes. He is here for you no matter what.